



**COMMODITY**

**Silver Springs Farm, Inc.**

Portion Control Meat  
U.S.D.A. EST. 4771

## BEEF SANDWICH STEAKS

Ingredients: 100% COMMODITY BEEF

**Code: 99300**

Portion Size	Bulk
Net Weight	30.0 lbs.
Gross Weight	31.8 lbs.
Pack	1/30 lb.
Ti	9
Hi	7
Cube	.95
Dimensions	8.375" X 9" X 21.875"

## Nutritional Information

NUTRITIONAL BASED ON 100 GRAMS

Calories	271.6	Protein	(g)	16.26
Calories from Fat	199.3	Sodium	(mg)	79
Total Fat	(g) 22.22	Total Carbohydrates	(g) <	1.6
Saturated Fat	(g) 7.12	Dietary Fiber	(g) <	0.21
Cholesterol	(mg) 63.5	Sugars	(g) <	0.52
Vitamin A	(iu) < 1.23	Calcium	(mg)	1
Vitamin C	(mg) < 1.76	Iron	(mg)	9.17