



COMMODITY

Silver Springs Farm, Inc.

Portion Control Meat
U.S.D.A. EST. 4771

FULLY COOKED SEASONED BEEF STEAK

Ingredients: Ground beef, water, modified food starch, dextrose, salt, sodium phosphate, spices, tomato powder, garlic powder, onion powder, autolyzed yeast, hydrolyzed soy protein, caramel color, spice extractives, not more than 2% silica gel.

ALLERGENS: Soy

Thinly sliced beef steak, fully cooked, individually quick frozen (I.Q.F), broken into pieces and packed in 5 lb.

Code: CM95300

Net Weight	30 lbs.
Gross Weight	31.6 lbs.
Pack	6/5 lb.
Storage	0° or below
Shelf Life	180 days
Ti	7
Hi	5
Cube	1.92
Dimensions	13.75" X 13" X 18.5"

NUTRITIONAL BASED ON 100 GRAMS

Calories	197	Protein	(g)	16.52
Calories from Fat	119	Sodium	(mg)	349
Total Fat	(g) 13.24	Total Carbohydrates	(g) <	2.9
Saturated Fat	(g) 5.97	Dietary Fiber	(g) <	0
Cholesterol	(mg) 59	Sugars	(g) <	0
Vitamin A	(iu) < 0	Calcium	(mg)	7.8
Vitamin C	(mg) < 0	Iron	(mg)	1.7