



FOOD SERVICE

Silver Springs Farm, Inc.

Portion Control Meat
U.S.D.A. EST. 4771

Chicken Sandwich Steaks

Contains up to 10% of a solution of: Water, Salt,
Dextrose, Sodium Phosphate.

Tender pieces of chicken breast meat, marinated and hand molded and formed into 4" X 7" shape and thinly sliced into portions separated by waxed paper.

Code: 29050

Net Weight	10 lbs.
Gross Weight	10.9 lbs.
Pack	1/10 lb.
Ti	10
Hi	15
Cube	.42
Dimensions	4.5" X 10.5" X 15.5"

Nutritional Information

Portion Size 5.00 Ounce

Calories	299.9	Protein	(g)	20.95
Calories from Fat	215.0	Sodium	(mg)	103
		Total		
Total Fat	(g) 23.87	Carbohydrates	(g) <	0.4
Saturated Fat	(g) 5.80	Dietary Fiber	(g) <	0.3
Cholesterol	(mg) 117.5	Sugars	(g) <	0.7
Vitamin A	(iu) < 4	Calcium	(mg)	1.6
Vitamin C	(mg) < 2.5	Iron	(mg)	7.5