



FOOD SERVICE

Silver Springs Farm, Inc.

Portion Control Meat
U.S.D.A. EST. 4771

Chicken Sandwich Steaks

Contains up to 25% of a solution of: Water, Salt,
Dextrose, Sodium Phosphate.

Tender pieces of chicken breast meat, marinated and hand molded and formed into 4" X 7" shape and thinly sliced into portions separated by waxed paper.

Code: 28030

Net Weight	10 lbs.
Gross Weight	10.9 lbs.
Pack	1/10 lb.
Ti	10
Hi	15
Cube	.38
Dimensions	3.625" X 10.5" X 17.125"

Nutritional:

Portion Size 3.00 Ounce

Calories	97.0	Protein	(g)	15.00
Calories from Fat	31.1	Sodium	(mg)	307
		Total		
Total Fat	(g) 3.45	Carbohydrates	(g) <	1.4
Saturated Fat	(g) 1.09	Dietary Fiber	(g) <	0.3
Cholesterol	(mg) 42.0	Sugars	(g) <	0.6
Vitamin A	(iu) < 1	Calcium	(mg)	0.7
Vitamin C	(mg) < 0.9	Iron	(mg)	2.7