



FOOD SERVICE

Silver Springs Farm, Inc.

Portion Control Meat
U.S.D.A. EST. 4771

Chicken Sandwich Steaks

Ingredients: 100% Skinless/Boneless Chicken Breast Meat

Tender pieces of chicken breast meat, hand molded and formed into 4" X 7" shape and thinly sliced into portions separated by waxed paper.

Code: 11050

Net Weight	10 lbs.
Gross Weight	10.9 lbs.
Pack	1/10 lb.
Ti	10
Hi	15
Cube	.42
Dimensions	4.5" X 10.5" X 15.5"

Nutritional Information

Portion Size 5.00 Ounce

Calories	147.4	Protein	(g)	34.73
Calories from Fat		Sodium	(mg)	187
		Total		
Total Fat	(g)	Carbohydrates	(g) <	0.2
Saturated Fat	(g) 1.81	Dietary Fiber	(g) <	
Cholesterol	(mg) 85.0	Sugars	(g) <	
Vitamin A	(iu) <	Calcium	(mg)	
Vitamin C	(mg) <	Iron	(mg)	